

## Intervention: Coping Power

### Potential partners to undertake the intervention:

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|---|--|
| <input checked="" type="checkbox"/> Nonprofits or local coalitions        | <input type="checkbox"/> Businesses or labor organizations |
| <input checked="" type="checkbox"/> Schools or universities               | <input type="checkbox"/> Media                             |
| <input type="checkbox"/> Health care providers                            | <input type="checkbox"/> Local public health departments   |
| <input type="checkbox"/> State public health departments                  | <input type="checkbox"/> Policymakers                      |
| <input type="checkbox"/> Hospitals, clinics or managed care organizations | <input type="checkbox"/> Other:                            |

### Background on the intervention:

Coping Power is a multi-component child and parent preventive intervention directed at pre-adolescent children at high risk for aggressiveness and later drug abuse and delinquency. The program is designed to teach children how to identify and cope with anxiety and anger; control impulses; and develop social, academic, and problem-solving skills. Parents are also provided with training.

### Findings from the systematic reviews:

The National Institute on Drug Abuse (NIDA) lists Coping Power as a model program. For more information see the link below.

### Additional information:

[Coping Power](http://www.uab.edu/youthhealth/cp.html) - <http://www.uab.edu/youthhealth/cp.html>

### References:

NIDA - [Preventing Drug Use Among Children and Adolescents: A Research-Based Guide](http://www.nida.nih.gov/Prevention/Prevopen.html) - [www.nida.nih.gov/Prevention/Prevopen.html](http://www.nida.nih.gov/Prevention/Prevopen.html)